

Tryouts for Fall Sports 2024

Athletes may not participate in tryouts or practices until cleared through athleticclearance.com

For instructions and FAQs, go to RESOURCES on sadersports.com

MS/V Boys/Girls Cross Country

The following dates are the start of practice as no tryouts are required for Cross Country:

July 30 at Dover Trails 7:30 A.M. - 8:45 A.M.

July 31 at Flatwoods 7:30 A.M. - 8:45 A.M.

August 2 at Dover Trails 6:00-7:15 P.M.

6th-12th grades

Parents will need to provide rides.

Coach Andy Holmes aholmes@scacrusaders.com

Varsity Golf

August 5, 6, 8 - 3:30 P.M.-5:30 P.M. at Diamond Hill Golf Club

6th-12th grades (Parents provide transportation.)

Must have at least four boys for a boys team (max 8)

Must have at least four girls for a girls team (max 8)

Coach Todd Raines traines@scacrusaders.com

MS Girls Volleyball

August 8 – 3:20 P.M. – 5:00 P.M.

August 9 – 3:30 P.M. – 5:00 P.M.

6th-8th grades in SCA gym

Coach Gabi Smith

Contact mbowers@scacrusaders.com with questions

JV Volleyball

July 31 – 3:30 P.M. – 5:30 P.M. (Arrive by 3:00pm to check in)

August 1 – 3:30 P.M. – 5:30 P.M.

6th-11th grades in SCA gym

Coach Micheala Cobb

Contact mbowers@scacrusaders.com with questions

Varsity Volleyball

July 29 – 5:00 P.M. – 7:00 P.M. (Arrive by 4:30pm to check in)

July 30 - 5:00 P.M. – 7:00 P.M.

6th-12th grades in SCA gym

Coach Mike Bowers mbowers@scacrusaders.com

MS Football

The following dates are the start of practices as no tryouts are required for MS Football:

August 8-9 - 3:15 P.M. - 5:00 P.M.

6th-8th grades meet at SCA Field House

Coach Rodney Knox. Contact Mrs. Knox (aknox@scacrusaders.com) with questions.

Varsity Football

The following dates are the start of practices as no tryouts are required for Varsity Football:

July 29-30 - 3:30 P.M. - 6:00 P.M.

9th-12th grades meet at SCA Field House

Coach Travis Puleo tpuleo@scacrusaders.com

JV and Varsity Fall Ball Baseball

August 19-20 - 3:30-5:30

8th-12th grades meet at the baseball field

Coach Sal Giardina sgiardina@scacrusaders.com