

SCA SUMMER WORKOUTS

Start Date: June 2, 2025

Mondays, Tuesdays and Thursdays

SCA 9th - 12th Grade Students

Boys: 8am - 9am

Girls: 9am - 10am

College Group Training

12pm - 1:30pm

Questions: dlinton@scacrusaders.com

TEAM WORKOUTS

SCA Football

Monday - Thursday 3:30pm - 5pm